

Informed Consent for Infrared Laser Therapy

Laser therapy is a safe and effective therapy that is FDA cleared for the temporary relief of pain and reduction of symptoms associated with mild arthritis and muscle stiffness. Laser therapy also promotes relaxation of muscle spasm and promotes vasodilation. Adverse effects from laser therapy are rare and temporary.

Adverse effects of laser therapy may occur from multiple causes including hypersensitivity, preexisting health conditions, thermal effects excessive pressure from the probe, and laser over-stimulation. Laser light can damage the retina in your eye. Always wear the laser protective glasses provided.

The most common adverse effects are:

- Temporary increase in pain during application of the laser.
- Temporary increase in pain on the following day.
- Mild bruising from vaso-dilation or direct pressure of the laser probe.
- Temporary dizziness.
- Reactions when photo-sensitizing drugs are in the body during laser therapy.

Disclaimer: I understand the risks of laser therapy and agree to the treatment programs outlined by my therapist. Also neither Madison Laser Therapy nor our advice is intended to replace a one-on-one relationship with a qualified health care professional and neither is intended as medical advice. Madison Laser Therapy's advice is intended as a sharing of knowledge and information. We encourage you to make your own health care decisions based upon your own research and in partnership with a qualified health care professional.

Client printed name: _____

Client Signature: _____

Date: ____/____/____